

Electrolysis

A safe and permanent method of hair removal, using Sterex disposable needles. A consultation before your first treatment is advisable.
5mins - £27, 15mins - £30, 30mins - £45

Advanced Electrolysis

Advanced cosmetic procedure to remove facial thread veins, skin tags, milia, solar keratosis & moles (medical consent required).
Consultation - £20. Treatment from £70

Threading

An ancient method of hair removal that can last longer than waxing, removes shorter hairs and is suitable for sensitive skins. Also removes downy hair.

Top lip, Eyebrows or Chin - £20 (two together) - £30

Top lip, Chin & Cheeks - £34

Top lip, Eyebrows & Chin - £34

Top lip, Chin, Cheeks & Eyebrows - £47

Depilatory Waxing

Half Leg Wax - £27

Full Leg Wax (including bikini) - £52

Bikini Wax - £25

Brazilian - £36, with Full Leg Wax - £59

Hollywood - £42, with Full Leg Wax - £64

Underarm Wax - £21

Top Half Leg Wax (including bikini) - £40

Lip or Chin - £15 Lip and Chin - £26

Forearms - £30 Back Wax from - £32

Body Treatments

Back Massage 30mins - £42, 45mins - £52

Body Massage 1hr - £68, Body Massage 1hr 15mins - £79

Indian Head Massage - £59

Reflexology

Reflexology is a specialised foot massage, stimulating the nerve endings in the feet which extend from all parts of the body having a beneficial and balancing effect. Treatment breaks down crystals formed in nerve endings and reopens the flow of energy. Helps to balance the body, relieves stress & tension, cleanses the body of toxins/impurities, increases blood & lymph flow and revitalises energy 1hr - £65

Hot Stone Therapy

Warmed volcanic rocks used within a massage treatment, helps to ease muscular tension and relaxes the mind and body.

Back Treatment (45mins) - £70

Body Treatment (1hr 30mins) - £110

St Tropez Tanning Treatment

Complete body exfoliation followed by application of St Tropez tan.

Please wear dark, loose clothing.

Full Body - £65

Part Body - £50

Hopi Ear Candle Treatment

Helps calm the mind, soothes the ears and head and eases sinuses (45mins) - £50

Ear Piercing

Using Caflon earrings which are 24 carat gold plated - £35

GIFT VOUCHERS
available

Opening Hours

Monday 9am - 3pm

Tuesday 9am - 6pm

Wednesday 9am - 7pm

Thursday 9am - 7pm

Friday 9am - 6pm

Saturday 9am - 4pm

RUTLAND HEALTH
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The Rutland Health and Beauty Clinic



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PLEASE NOTE

Missed appointments and late cancellations
(within 48 hrs) will incur a 50% charge.

Cancellations (within 24 hrs) will incur a 100% charge

RUTLAND HEALTH
& BEAUTY CLINIC

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Treatment Guide



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To book online, please visit
www.rutlandbeauty.co.uk

Guinot Facials

Hydradermie 1000 £110

A PERSONALLY TARGETED FACIAL.
Visibly plumps and hydrates the skin's appearance with a unique highly concentrated serum of hyaluronic acid and vitamins delivered via a thermal applicator for deep infusion. The patented Dynamic Ionization technology enhances cellular energy while a nourishing serum gel soothes and repairs the skin. Fine lines are softened and hydration is restored. (1hr 15mins).

Hydradermie Jeunesse 1000 £120

THE DELUXE ANTI-AGEING TREATMENT
Visibly rejuvenates the skin's appearance with a unique, highly concentrated serum of hyaluronic acid and vitamins delivered via a thermal applicator for deep infusion. The patented Dynamic Ionisation technology enhances cellular energy while a global anti-aging serum gel targets all signs of aging leaving the skin revitalised, plump and radiant. (1hr 15mins).

Visible Age Reverse £130
Course of four (recommended) £490

THE LATEST PHENOMENON THAT IS VISIBLE AGE REVERSE
The non-invasive treatment that is an alternative to aesthetics, surgery and injectables. The 30-minute miracle uses 3 steps to improve the skin's appearance after just one session. Skin is plumped and redefined in one session. Working to increase blood flow to the surface, to develop new skin, stimulate cell renewal and aids production of collagen and elastin. 46% average decrease in wrinkle depth after one treatment. 77.9% average increase in firmness after three treatments. 10% increase in regeneration of epidermis after three treatments. *Statistics based on 12 subjects.

Hydradermie Lift 1000 £110

THE "INSTANT LIFTING" TREATMENT
This advanced treatment combines the beneficial properties of hyaluronic acid optimised by heat to aid the penetration and diffusion of the active ingredients, it reactivates your facial muscles using muscle stimulation while lifting and toning your facial features for visibly firmer lifted skin. (1hr 15mins).

Hydradermie 1000 Lift Deluxe £150

THE ULTIMATE LIFTING TREATMENT
A combination of the Hydradermie Jeunesse 1000 and the Hydradermie Lift for the ultimate lifting effect. Experience immediate contouring results due to the facial muscle stimulation, firming active ingredients and age-defying techniques. (2hrs).

Hydradermie 1000 Lift Express £90

THE EXPRESS LIFTING TREATMENT
For those in a hurry and need results quick. This treatment includes cleansing, exfoliation, lymphatic drainage and muscle stimulation restoring a youthful tone to the complexion. (1hr).

Hydraclean £65

THE DEEP CLEANSING TREATMENT
The perfect introduction to regular skincare. This 30 minute deep-cleanse treatment uses a unique combination of a hands-on massage and the Thermoclean patented heated device to rid the skin of its impurities, whilst warming and relaxing the skin. With different prescriptive versions and a personalised massage skin instantly appears brighter and clearer, with a radiant complexion. (30mins)

Eye Lift £85

THE ULTIMATE EYE LIFTING TREATMENT
This unique treatment reduces signs of ageing and fatigue in the eye contour area. The combination of exclusive eye massage techniques and muscle stimulation using micro currents works to visibly lift, tone, aid drainage and boost microcirculation. An intensive eye mask infused with active ingredients leave the eyes looking more radiant and youthful. (1hr). *Consumer trial results tested on a panel of 8 subjects.

Age Summum £95

THE "ANTI-AGEING" TREATMENT
The pinnacle of anti-ageing treatments, Age Summum is enriched with highly concentrated Vitamin C, Hyaluronic Acid and Pro-Collagen to firm facial tissue combat skin slackening. Active ingredients penetrate deep into the skin using the exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and a youthful radiance is restored. (1hr).

Lift Summum £95

THE FIRMING, LIFTING TREATMENT
A firming treatment that immediately reduces signs of fatigue and ageing, focusing on the face, neck and décolleté. The unique stimulating massage visibly lifts and firms while the active ingredients Collagen XVIII helps improve elasticity. The Anti-Wrinkle Eraser diminishes the appearance of wrinkles, whilst the unique specific face and décolleté masks restore a youthful appearance. (50mins).

Hydra Peel £95

THE SKIN RENEWAL TREATMENT
Guinot created the Hydra Peeling treatment to reduce signs of ageing, improve the complexion and reduce dark spots. This treatment is a bona fide alternative to aesthetic medicine, offering visible results and radiance after just one treatment. This treatment can be prescribed based on your skin's sensitivity levels.

Détoxygène £90

THE ANTI-POLLUTION TREATMENT
The Détoxygène treatment effectively removes pollution particles and daily toxins from the skin. Perfect for those exposed to atmospheric pollution, work in a confined environment, or have a stressful and fast paced lifestyle. Featuring three simple stages: a renewing exfoliator, detoxifying mask and reoxygenating massage. Key powerful ingredients include Papaya Extract, Green Clay and Purisoft, derived from Moringa Seed Extract. (50 mins).

Hydra Summum £95

A DEEPLY HYDRATING FACIAL
A facial with highly concentrated Hyaluronic acid leaves the skin refreshed and rejuvenated. Boosts radiance, plumps tissues and seals in moisture.

Serenity £95

A DEEPLY RELAXING FACIAL
A facial that intensely hydrates & designed using 'touch therapy' to help put mind & body in a meditative state. Ideal for those having prolonged stress or clients living with or beyond cancer. In collaboration with Made For Life and endorsed by SATCC.

Rutland Beauty Facials

Vitality Facial £70

Incorporates a cleanse, tone, exfoliation, massage and mask. (45mins).

Dermalux LED Facial £60

Award-winning light therapy trusted by skincare professionals worldwide. 3 clinically proven LED wavelengths to reduce visible signs of ageing, redness and hyperpigmentation. Medically CE certified for acne, psoriasis and wound healing. (1hr)

Microdermabrasion £85

A safe, yet intense exfoliation and and resurfacing facial using fine crystals to rejuvenate the skin. Skin feels smoother, fresher & glowing.

Hydro Facial £85

A gentle, relaxing facial combining a gentle peel with serums containing active ingredients and botanicals to exfoliate, rejuvenate and nourish the skin.

Pamper Packages £80
Express Pamper £80

Enjoy a back massage, facial massage and mask in 60 minutes – total relaxation and pamper. (1hr).

Ultimate Pamper £105

Even more relaxation with a full body massage combined with a facial massage and mask – the ultimate relaxation! (1hr 30 mins).

Eye Treatments

Eyebrow Shape (wax or tweeze) - £19
Eyebrow Threading - £20
Eyebrow Tint - £15
Eyelash Tint - £27
Eyebrow Shape and Tint - £30
Eyelash Tint with Eyebrow Tint - £35
Eyebrow Thread and Tint - £32
Eyelash Tint with Eyebrow Shape and Tint - £44
With any tint treatment, please book a patch test at least 48 hours earlier.

Hand and Feet Treatments

Manicure with CND polish or strengthener - £42
Manicure with CND Shellac gel - £52
File & Paint with CND polish - £32
File & Cuticle tidy - £22
Builder gel with CND Phlexigel & Shellac - £49
Pedicure with CND Vinylux polish - £52
Pedicure with CND Shellac gel - £62
Add paraffin wax hydration treatment - £15
Add thermal mitts or bootees to condition - £10
Foot smoothie – using B-Line products to remove dry skin - the answer to sore, cracked heels leaving your feet soft & smooth - £40
Trim nails and file hard skin only - £27
Shellac hands or feet - £42
Shellac hands & feet together - £76
Removal of our Shellac - £20
Removal of our Shellac before re-application – £12

LVL Lash Lift

Lashes are lifted and tinted lasting up to 6 weeks creating the illusion of longer, thicker lashes without extensions - £65

With any lash treatment, please book a patch test at least 48 hours earlier.